

September 2026



HELLO
SEPTEMBER.

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RESIDENT OF THE MONTH:

~ Doris Callagher, Written by Sharon Sinfield

Resident of the Month – Meet Doris!

This month we would like to introduce Doris, who recently celebrated her 89th birthday on July 29!

Born in a farmhouse in Vinton, Quebec, Doris grew up on a 100-acre mixed farm with two sisters and five brothers. The family raised beef cattle, chickens, and large vegetable gardens. Her parents were hard working-farmers, Doris remembers having a wonderful childhood filled with love, laughter, and strong family values.

Her mother was an amazing baker and a devoted mom, inspiring Doris to become the loving mother she would later be to her own four children: Betty Anne, Tony, Lynda, and Pat. Today, she is also the proud grandmother of Spencer, Grace, and Rachel.

Doris met her husband in Douglas, Ontario, and raised their family on the family farm. She was a talented seamstress who made many of her children's clothes and could fix just about anything that needed mending.

Determined to become a teacher, Doris attended Teachers' College in Pembroke at night while raising her family and helping on the farm during the day. She went on to teach for 21 years at St Michael's primary school in Douglas, Ontario, teaching students of all grade levels, including all four of her own children! Her favourite subjects were History, English, and Religion, and she especially enjoyed teaching square dancing to her students.

One unforgettable memory from her teaching days was when a young second grade student wandered away from the school playground. After an anxious search, the child was found safe nearby and returned to the school. Doris was overjoyed and relieved, welcoming him back with a big hug. It's a story she still remembers today.

Faith has always been an important part of Doris's life. She was a dedicated member of St. Michael's Catholic Church in Douglas, where she served as a lector, taught public speaking, prepared children for Baptism and Confirmation, trained altar servers, and volunteered at many parish dinners.

Doris found joy in life's simple pleasures, especially when they were shared with family and friends.

Summer meant toasted garden tomato sandwiches enjoyed with her children, made with tomatoes picked fresh from the garden. Family and friends also looked forward to Doris's famous homemade turkey dressing, seasoned with fresh summer savoury she grew herself. Her kitchen was often filled with the smells of vegetable soup or celery soup simmering on the stove. She always made large batches so family could take some home.

She has fond memories of her and her daughter Betty Anne going for early morning bike rides smelling the fresh cut hay and summer flowers. Doris's bicycle was complete with a banana seat.



Life on the farm also meant preparing for winter. Each summer, Doris spent time pickling dill, mustard, and icicle pickles, and filling the family's root cellar with preserves made from local berries.

When she had a quiet moment to herself, Doris loved listening to country music and enjoyed square dancing. She was especially talented at dancing jigs and reels.

Doris's dedication to education earned her recognition from both the English Catholic Teachers' Association – Renfrew Unit and the Renfrew County Roman Catholic Separate School Board for her outstanding service and commitment to Catholic education. In 1996 Doris was awarded Certificate of Honour from the Canadian Association of Principals in recognition of personal demonstration of social and civic responsibility to the school community.

Doris has been part of the Orchardview family for just over two months after spending most of her life on the family farm in Douglas, Quebec.

She says one of the things she loves most is the wonderful staff, who have welcomed her with open arms. The hugs she receives each day, and especially the goodnight hugs, mean the world to her. She also enjoys the beautiful view from her large window in her room.

Happy Hour is the highlight of Doris's week! Her daughter, Betty Anne, comes to do her hair and makeup before the festivities, making it a special time they both enjoy. Doris looks forward to participating in more of Orchardview's activities and getting to know everyone even better.

She's also thrilled to be living close to Betty Anne and to Betty Anne's two-year-old Poochon, Rio. Rio has become a favourite visitor among residents and staff alike and even has his own little bed at Orchardview!

We're so happy Doris is part of our Orchardview community. If you see her around the residence, be sure to stop and say hello. You'll quickly discover her warm smile, kind heart, and wonderful stories.



Employee of the Month ~ Marvín Cruz

Marvin is a hard worker who brings positivity, compassion and dedication to everything he does. In recreation, he goes above and beyond to make our residents happy and engage everyday. He is kind, reliable and always ready to lend a helping hand to both the residents and his team. We are luck to have Marvin as part of our team!









Hearing Aid Clinic

1:00-4:00pm

In the SPA

Tuesday September 1st

Sign up at Reception.



CREATIVE CORNER

THURSDAY'S AT
3:00PM IN THE
WELLNESS
CENTRE

HAVE A CRAFT OR CREATIVE PROJECT
YOU ARE WORKING ON?

BRING YOUR PROJECT TO
OUR CREATIVE CORNER.
WHERE YOU CAN WORK ON
YOUR CRAFT WITH YOUR
FELLOW CREATIVE
NEIGHBOURS!



POPSICLES ON THE PATIO



WEDNESDAY AT 3:00 PM

(Weather Permitting/Main
Floor Atrium)

NEW TIME!

HOT WAX HANDS

Thursdays at 1:30 pm, 3RD Floor Lounge



Enjoy the soothing benefits
of warm paraffin wax.
Perfect for helping ease
arthritis and leaves dry
hands feeling soft and
refreshed.

All residents are welcome—
come unwind, treat yourself,
and if you'd like, stay for a
little extra pampering with
nail painting too!
We look forward to seeing
you there!



Amenities & Services

- 24-Hour Nursing Staff
- Theatre + Chapel Services
- Wellness Centre— Physio (M,W,F)
- Multi-Purpose Room for Games & Gatherings
- Library + Tuck Shop
- Outdoor Raised Flower & Veggie Gardens
- Duck/Goose Pond & Indoor Atrium Pond
- Gazebo and Outdoor Activities
- Emergency Response System
- Full-Service Dining Room
- Snack and Beverage Bistro
- House Physician + Foot Care Nurse
- Hearing Aid Clinic, Hair Salon, Esthetician, Dental Hygienist
- Wheelchair Accessible Bus
- Weekly Bus Shopping/Lunch Trips
- Weekly Live Entertainment
- Full Recreation Programming
- Weight & Blood Pressure Clinics



PARKINSON'S SUPPORT GROUP

**September 30th at 10:00 AM
in the THEATRE**



Open Activities

Outdoor Putting Green • Puzzle Tables •
Library • Residents playing the Piano •
"Axe" Throwing • Wellness Centre: Bike
and Walking Bars • Arts n' Crafts • Pool &
Shuffleboard Table • Heated Massage
Chairs

Orchard View
GARDENS
BY THE MISSISSIPPI
ALMONTE



ALZHEIMER SOCIETY PERSONAL JOURNEY CHAT GROUP

Hi friends, I wanted to create a space where we can talk openly about facing an Alzheimer's diagnosis. It can bring so many feelings, from fear to hope, and sharing them together might make the journey feel a little lighter. Let's use this group to lean on one another, celebrate small joys, and remind ourselves that we're not alone.

**10:00 AM
September 1st
In the Theatre**



Upcoming Events

HOLLYWOOD Halloween

Friday
October 30th

Entertainment

Elvis
Impersonator

Costume
Contest

2-3:30pm

CARLETON PLACE
PHARMACY

PRESENTS:
UNEXPECTED
DRUG DISCOVERIES



Sept 10th
6:30 pm

What if I told you that some of the most influential drug discoveries in human history came about by complete accident!

Join me, Pharmacist Alex Rusalovsky, on September 10th at 6:30 pm at Orchardview to learn more, and for the chance to win a prize!



Orchard View
GARDENS
BY THE MISSISSIPPI
ALMONTE

PARKINSON'S

SUPERWALK

September 12th
10:30 - 11:30 am

WITH
MUSIC BY
TERRY
MARCOTTE

Walk starts at
10:15am
Meet at the Gazebo
(Duck Pond Patio)

