

May 2026



***219 Paterson Street
Almonte, Ontario. K0A 1A0***

613-963-5000

www.orchardviewgardens.ca  ***/orchardviewgardens***

**Employee of the Month:
Cindy Johnston**



Cindy is a kind and compassionate person that takes her job very seriously. She is honest, professional, and advocates for the person she is working with. Those that receive care from Cindy know they are well cared for. Thank you Cindy for all that you do.

Testimonial ~ Carr Family

“We want to thank you and your team at OVG for being so kind and so professional. Your staff were very supportive in helping us deal with it all. Everyone was attentive to both Dad’s and our needs. The care was exceptional, from the nurses to the dietary staff that made sure we understand the current situation and that we had what we needed during our time spent with Dad. “

Sixteen Ways to Feel Old

Continued from last month -

Number 6 – Celebrities

I don’t know who today’s celebrities are, or how they rose to fame. At the same time, I wonder why no one is making any more movies featuring Julie Andrews as a children’s governess with a penchant for lonely goatherds. Then I look it up and discover Julie Andrews is 84, which offers me a clue as to the answer.

Number 7 – Recreation

Someone says “what shall we do tonight?” and my first instinct is to reach for the scrabble box.

Number 8 - Information

I still keep, and use, printed and bound dictionaries and encyclopedias.

Number 9 - Medical Appointments

Day to day life is structured around medical appointments. Excitement comes from deciding which of two conflicting appointments should be given priority.

Number 10 - Maps

I like a paper map-the bigger the map and the more folds the better. It’s not for me, the point-to-point routes given by a smartphone, or directions by an anonymous automobile voice to turn left 100 meters ahead.

Number 11 - Pills

I have so many pills to take at different times of the day that I resort to my slide rule and graph paper to prepare a flow chart that keeps my supplies in order and reminds me to take my pills when I am supposed to. This passes for intellectual stimulation.

Number 12 - Memory

Things don’t always come to mind as quickly as they used to. I want to order a pizza with a particular kind of ham topping, but my mind is blank as to its name. Ten minutes too late, the word “prosciutto” pops into my head.

Number 13 - Respect

People start calling me “sir” and giving me a wide berth. Not so remarkable today, but this began before COVID-19.

Stay tuned next month for continuation.

A Mother's Love



No gift on earth is greater,
No treasure held above,
The joy that comes from knowing
A Mother's endless love.

In spite of how it's tested,
It grows from year to year,
Providing strength and comfort...
It "gently" draws us near.

It warms and it protects us,
And guides us from afar,
Shedding light upon us,
Like a bright and shining star.

And when all things are measured,
Not one shall rise above,
Or be compared in value,
To a Mother's endless love!

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Amenities & Services

- 24-Hour Nursing Staff
- Theatre + Chapel Services
- Wellness Centre— Physio (M,W,F)
- Multi-Purpose Room for Games & Gatherings
- Library + Tuck Shop
- Outdoor Raised Flower & Veggie Gardens
- Duck Pond & Indoor Atrium Pond
- Gazebo and Outdoor Activities
- Emergency Response System
- Full-Service Dining Room
- Snack and Beverage Bistro
- House Physician + Foot Care Nurse
- Hearing Aid Clinic, Hair Salon, Esthetician, Dental Hygienist
- Wheelchair-Accessible Bus
- Weekly Bus Shopping/Lunch Trips
- Weekly Live Entertainment
- Full Recreation Programming
- Weight & Blood Pressure Clinics

Open Activities

- Outdoor Putting Green • Puzzle Tables
- Library • David on Piano
- "Axe" Throwing
- Wellness Centre-Bike and Walking Bars •
- Arts n' Crafts • Pool & Shuffleboard Table •
- Heated Massage Chairs

Orchard View
LIVING
BY THE MISSISSIPPI
ALMONTE

TEA
IN THE BISTRO
NURSING &
APPRECIATION
SOCIAL



MONDAY MAY 11TH
3:15 PM IN THE BISTRO

COME FOR THE TEA, STAY FOR THE GOOD COMPANY!





Retired Nurses of Orchard View



Beth Gillan - I worked for part of a year setting up and running the new urology operating theatre at the Civic. Then I worked in all the hospitals in Edmonton doing private duty nursing for about a year. I worked at the Rosamond Memorial Hospital and then the new Almonte General Hospital doing part-time when the children were small, then full-time from 1972 until my retirement in 1992.

Joan Pierce - I worked at the Civic for the first year and a half following graduation, then in Sudbury at the Sudbury Memorial Hospital in the surgical unit for the next 5 years. Following that, I went to work part-time at the Sudbury General Hospital in 1977, following the birth of my son, working this time in neurology on the neurological floor for the next 10 years or so.



Patti Sandford - I worked at many hospitals throughout my career, starting as a staff nurse at St. Joseph General Hospital on the surgical floor, in Chicoutimi General Hospital as a staff nurse on surgical and cardiac floor and in Moose Jaw Hospital as a surgical staff nurse. I was also a visiting nurse for the Victorian Order of Nurses in North Bay and worked at the Department of Veteran's Affairs assessing veteran's needs/care. Canadore College - teaching PSW / RPN program.

Maggie Symons - I worked that first summer in Emerge at Toronto General Hospital ER. I did my training at Toronto General Hospital and lived in residence there. After graduation, I continued at Toronto General Hospital. I got married in 1957, and stepped away from nursing after the birth of my first child in 1958. I returned to nursing around 1968, a few years after the birth of my 4th and last child. I worked at what was called the Ontario Crippled Childrens' Centre (later called the Hugh MacMillan Centre) caring for severely handicapped children. Later I left there and worked at Sick Kids on the neurology ward until my retirement at the age of 65.



Eleanor Redmond - Throughout my career, I worked in both Pembroke and Sault Ste. Marie for the first 5 years of my nursing career, and later moved to Ottawa, where I worked alongside Dr. Keon at the Ottawa Civic Hospital, assisting with open heart surgery. Once I got married and had children, I had a career switch-up and did the mom gig for 15 years while caring for my parents.

It wasn't until my 40s that I decided to return to school, taking a full refresher program, as nursing had changed a lot. I then got my certification in palliative care. I then worked in LTC at St. Patrick's home for the next 15 years.

To our Nurses, Personal Support Workers, and Caregivers:

On behalf of Orchard View Gardens, I want to extend my deepest appreciation for the dedication, compassion, and professionalism you bring to our community every single day.

Your commitment to caring for our residents, providing comfort, support, and reassurance in both ordinary and extraordinary moments does not go unnoticed. We see the empathy in your actions and the heart you bring to your work, and we are truly grateful.

Year over year, you meet every challenge with resilience and grace, navigating constant changes while always putting the well-being of our residents first. You are a source of strength not only for those in your care but for their families as well, offering peace of mind and presence when it's needed most.

Words will never fully capture the value of what you do, but please know that your efforts make a lasting difference. You are the backbone of Orchard View Gardens, and I am incredibly proud to work alongside you.

Thank you for being who you are and for everything you do. I look forward to continuing this journey together, supporting your growth, and celebrating your ongoing contributions to our home.



Sam Sourchi
Executive Director
Orchard View Gardens



THANK YOU
Nursing Staff



Upcoming Events



Mother's Day
LUNCH
Let's celebrate all Moms

Sunday May 10th

BOOK YOUR SEATING NOW

FIRST SEATING 11:30AM - 12:30PM
SECOND SEATING 12:45PM - 1:45PM



Orchard View
GARDENS
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ALMONTE

WANTS TO OFFICIALLY INVITE
YOU TO OUR
Ladies Night

FUNDRAISER FOR
WOMEN'S INTERVAL HOUSE
RESIDENT COST: \$10
VISITOR COST: \$30
FROM 6:00PM - 8:00PM
MAY 14TH 2026

PLEASE MAKE RESERVATIONS THROUGH
RECEPTION LIMITED SEATING
ENTERTAINMENT BY MARY ELLEN



Joanne Beaton
My Real Estate Life Inspiration

& Orchard View
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ALMONTE

Presents:

7 things you need to know before you sell your house



Thursday June 18th at 6:30pm
RSVP to ovgdesk@aoninc.com

613-963-5000 219 Paterson St Almonte On
www.orchardviewgardens.ca



Stacey will teach you how to maximize your closet space so it is appealing to the eye and lets you locate items easier.

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Tuesday May 5th at 6:30pm
Sign up at Reception 613.963.5000