

April 2026



Hello April

***219 Paterson Street
Almonte, Ontario. K0A 1A0***

613-963-5000

www.orchardviewgardens.ca  ***/orchardviewgardens***

Employee of the Month:

Chef Thomas Lavasani

Thomas exudes positivity and camaraderie in everything he does. He's always wearing a smile and cracking jokes to uplift his colleagues. His infectious energy and good humour never fails to bring a sense of unity to the workplace. His manners are impeccable and his respect for co-workers is truly commendable. Thomas is an excellent example of what it means to be a dedicated team player.

Congratulations Thomas, on being this month's Employee of the Month.



Testimonial ~ Heather Connolly

In November 2018, my husband Brent & I moved to the Townhomes of Orchard View. We instantly felt at home in our new surroundings. Sadly, Brent passed away in June, 2023. Now that I am on my own, I feel truly blessed to be living here, as I don't have to worry about snow removal, grass cutting, or maintenance of any kind. I have made many new friends here and thoroughly enjoy all the activities, entertainment, & special events organized by Orchard View Gardens employees - happy hour, dancing, & dinner afterward are among my favourites! I wholeheartedly recommend Orchard View to anyone looking for a safe, inviting, & enriching environment in which to spend their senior years.

Sixteen Ways to Feel Old

In the spirit of April Fools' day here is an article our very own resident David Simmonds wrote on "getting older". This article was published in the Prince Edward County's Independent Voice.

The signs are beginning to accumulate. Not just that I'm getting older, because that's true for everyone, every day, whatever their age. But old in the absolute sense. Here are sixteen of them.

Number 1 – Hair

I once thought that I had chestnut brown hair. My wife marched me to a mirror many years ago and forced me to admit that it was grey. The grey has since turned white, but that's not the end of it. The white is starting to show oily golden streaks—a sure sign of old age.

Number 2 – Bladder Capacity

I've discovered one of the iron laws of nature. The time during which the over-65 male bladder can comfortably be held is always less than the length of time for which the person requires sleep.

Number 3—Antiques and Collectables

The stuff with which I grew up—gas station glassware, Tupperware, Monkees memorabilia—is sold not just as collectables, but as antiques. With prices to match. That makes me an antique too.

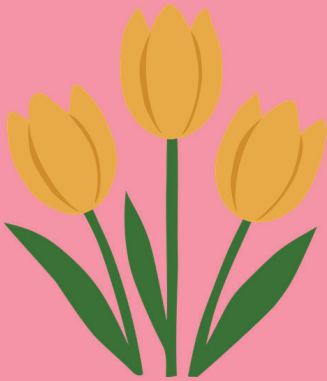
Number 4—Technology

Decades after the introduction of the home computer, I still think of computers as improvised explosive devices sent by a tag team of Russian and Chinese provocateurs to strike fear into the hearts of innocent people. If you can't fix it with a hammer, screwdriver or wrench, there's something inherently wrong with it.

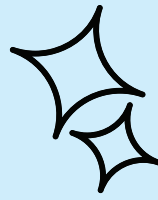
Number 5—Music

I listen to my music on technology that is appropriate to the era when I acquired it. I play my LP's on a gramophone, my cassettes on a cassette player and my CDs on a CD player. No wonder my tastes are retro in nature—I never expose myself to the contemporary stuff.

Stay tuned next month for continuation.



inspire



**"Never give up.
You don't know
your potential!"**
~ Aline



**"Be yourself!"
"Don't accept
limitations,
you can do it!"**
~ Helga



**Dream
• Big •**



**"Stay healthy
and keep fit"**
~ Annie



**"Be yourself
first and
foremost"
"Look out for yourself"**
~ Christine



“Travel, Learn about other cultures, try new foods, dare to ask for a promotion or get more education.”

“Push yourself. Be proud of you!”

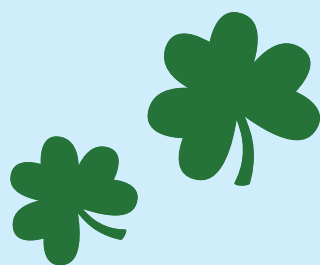
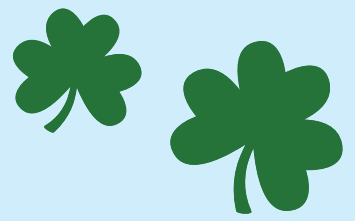
~ Trish



“Don’t buy the car if the dealer only wants to address your husband.”

~ Josephine

Words of wisdom from the women of Orchard View!





& Orchard View
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Presents:

Knowing the ins & out of 2026's Real Estate market



Thursday April 30th at 6:30pm
RSVP to avgdesk@aoonline.com



613-963-5000 219 Paterson St Almonte On
www.orchardviewgardens.ca



Stacey will teach you how to maximize your closet space so it is appealing to the eye and lets you locate items easier.

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Tuesday April 14th at 6:30pm
Sign up at Reception 613.963.5000

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You're invited to

Easter Monday High Tea

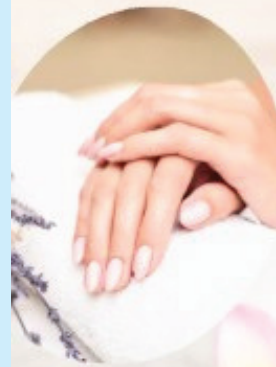
Join us for High Tea
in the Bistro on
Monday April 6th at
3:15 pm

Wear your
Easter Bonnet!



HOT WAX HANDS

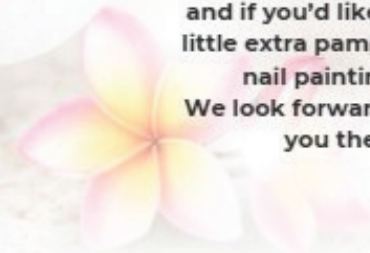
Thursdays at 2:00 pm, 3RD Floor Atrium



Enjoy the soothing benefits of warm paraffin wax. Perfect for helping ease arthritis and leaves dry hands feeling soft and refreshed.

All residents are welcome—come unwind, treat yourself, and if you'd like, stay for a little extra pampering with nail painting too!

We look forward to seeing you there!



Upcoming Events

Orchard View

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Aloha! Join Us For Our **Hawaiian Open House**

Join the fun at a tropical celebration filled with colourful outfits, leis, and island vibes.

Friday, April 17th

2:00 PM - 4:00 PM

219 Patterson St. Almonte

RSVP

613 963-500

ovgdesk@aoninc.com