

June

Activities Calendar **2023**

Quote

Sunday	Monday	Tuesday	Wednes
Recreation Notes:	Legend Atrium (A) Library (L) Multi Purpose Room (MPR) Bistro (B) Second Floor (2nd FL) Third Floor (3rd FL) Fourth Floor (4th FL) Patio (P) Outing (O) Wellness Centre (WC) Second Floor Lounge (2nd FL) Dining Room (DR) Spa (S) Theatre (TH) 3rd Floor Nurses Station (3rd FL NS) Chapel (CH)		
June 4 9:30 Rosary Prayers (CH) 10:30 United Church Service (CH) 1:00 Presbyterian Service (TH) 11:00 Walking Group (B) 2:00 Jumbo Snakes and Ladders (3rd FL) 2:00 Movie Matinee: Residents Choice (TH) 3:00 Chair Badminton (3rd FL) 7:00 OVM Series (TH)	June 5 9:30 Fitness Class (WC) 10:00 Joe on Piano (4th FL) 10:15 Fitness Class (3rd FL) 11:00 General Trivia on the Patio (3rd FL) 11:00 Gentle Fitness Class (WC) 2:00 Leisure Bridge (3rd FL) 2:15 Manicures and Milkshakes (3rd FL) 2:45 Scrabble (3rd FL) 3:30 Milkshake Mondays (B) 4:00 Jumbo Bowling (3rd FL) 7:00 Classic Movie (TH)	June 6 9:45 Fitness Class with Michael (WC) 10:15 Mystery Drive (O) 10:30 Adult Colouring & Making Bread (3rd FL) 11:00 Cycle Class (3rd FL) 11:00 Floor Curling (WC) 1:30 Game of Bridge (2nd FL) 2:00 Free Bingo with Jane (3rd FL) 2:00 Billiards with Bob (MPR) 3:30 Baker Bob Treats (B) 4:00 Homemade Bread & Sunset Reading Corner (3rd FL) 6:30 Beginner's Poker (MPR)	June 7 9:30 Fitness Class (WC) 10:00 Joe on Piano (A) 10-11:00 Tuck Shop is Open (TS) 10:15 Fitness Class (3rd FL) 11:00 Choir Practice (3rd FL) 11:00 Gentle Fitness Class (WC) 1-3:00 Belles of the Ball Knitting C 1:30 Rosary Prayers for Peace (C 2:00 Euchre (2nd FL) 2:00 Baking (3rd FL) 2:30 Resident's Choice Card Gam 4:00 Cranium Crunch (3rd FL) 6:30 Six Hand Euchre (WC) 7:00 OVM Movie Night: Action (Th
June 11 9:30 Rosary Prayers (CH) 10:30 United Church Service (CH) 11:00 Walking Group (B) 1:00 Presbyterian Service (TH) 2:00 Movie Matinee: Residents Choice (TH) 3:00 Chair Badminton (3rd FL) 7:00 OVM Series (TH)	June 12 9:30 Fitness Class (WC) 10:00 Joe on Piano (4th FL) 10:15 Fitness Class (3rd FL) 11:00 General Trivia on the Patio (3rd FL) 11:00 Gentle Fitness Class (WC) 2:00 Leisure Bridge (3rd FL) 2:15 Manicures and Milkshakes (3rd FL) 2:45 Scrabble (3rd FL) 3:00 Fishing Derby (Atrium/2nd FL) 3:30 Milkshake Mondays (B) 4:00 Jumbo Bowling (3rd FL) 7:00 OVM Movie Night: (TH) 7:00 Classic Movie (TH)	June 13 9:45 Fitness Class with Michael (WC) 10:15 Mystery Drive (O) 10:30 Adult Colouring & Making Bread (3rd FL) 11:00 Cycle Class (3rd FL) 11:00 Floor Curling (WC) 1:30 Game of Bridge (2nd FL) 2:00 Free Bingo with Jane (3rd FL) 2:00 Billiards with Bob (MPR) 3:00 Music with Tom V. (4th FL) 3:30 Baker Bob Treats (B) 4:00 Homemade Bread & Sunset Reading Corner (3rd FL) 6:30 Beginner's Poker (MPR)	June 14 9:30 Fitness Class (WC) 10:00 Joe on Piano (A) 10-11:00 Tuck Shop is Open (TS) 10:15 Fitness Class (3rd FL) 11:00 Choir Practice (3rd FL) 11:00 Gentle Fitness Class (WC) 1-3:00 Belles of the Ball Knitting (C) 1:30 Rosary Prayers for Peace (C) 2:00 Euchre (2nd FL) 2:00 Baking (3rd FL) 2:30 Resident's Choice Card Gam 3:30 You be the Judge (TH) 4:00 Cranium Crunch (3rd FL) 6:30 Six Hand Euchre (WC) 7:00 OVM Movie Night: Action (Th
June 18 Father's Day 9:30 Rosary Prayers (CH) 10:30 United Church Service (CH) 1:00 Presbyterian Service (TH) 11:00 Walking Group (B) 11:30-1:30 Vintage Car Show for the Dads (O) 2:00 Movie Matinee: Residents Choice (TH) 3:00 Chair Badminton (3rd FL) 7:00 OVM Series (TH)	June 19 9:30 Fitness Class (WC) 10:00 Joe on Piano (4th FL) 10:15 Fitness Class (3rd FL) 11:00 General Trivia on the Patio (3rd FL) 11:00 Gentle Fitness Class (WC) 2:00 Leisure Bridge (3rd FL) 2:15 Manicures and Milkshakes (3rd FL) 2:30 Diabetes Support Group (TH) 2:45 Scrabble (3rd FL) 3:30 Milkshake Mondays (B) 4:00 Jumbo Bowling (3rd FL) 7:00 OVM Movie Night: (TH) 7:00 Classic Movie (TH)	June 20 9:45 Fitness Class with Michael (WC) 10:15 Mystery Drive (O) 10:30 Adult Colouring & Making Bread (3rd FL) 11:00 Cycle Class (3rd FL) 11:00 Floor Curling (WC) 1:30 Game of Bridge (2nd FL) 2:00 Free Bingo with Jane (3rd FL) 2:00 Billiards with Bob (MPR) 3:30 Baker Bob Treats (B) 4:00 Homemade Bread & Sunset Reading Corner (3rd FL) 6:30 Beginner's Poker (MPR)	June 21 First Day of Summer 9:30 Fitness Class (WC) 10:00 Joe on Piano (A) 10-11:00 Tuck Shop is Open (TS) 10:15 Fitness Class (3rd FL) 11:00 Choir Practice (3rd FL) 11:00 Gentle Fitness Class (WC) 1-3:00 Belles of the Ball Knitting Class Rosary Prayers for Peace (Classing (3rd FL) 2:00 Euchre (2nd FL) 2:30 Resident's Choice Card Gam 4:00 Cranium Crunch (3rd FL) 6:30 Six Hand Euchre (WC) 7:00 OVM Movie Night: Action (The
June 25 9:30 Rosary Prayers (CH) 10:30 United Church Service (CH) 1:00 Presbyterian Service (TH) 11:00 Walking Group (B) 2:00 Movie Matinee: Residents Choice (TH) 3:00 Chair Badminton (3rd FL) 7:00 OVM Series (TH)	June 26 9:30 Fitness Class (WC) 10:00 Joe on Piano (4th FL) 10:15 Fitness Class (3rd FL) 11:00 General Trivia on the Patio (3rd FL) 11:00 Gentle Fitness Class (WC) 2-4:00 Parkinson's Support Group (TH) 2:00 Cribbage (3rd FLL) 2:15 Manicures and Milkshakes (3rd FL) 3:00 Hearing Aid Servicing (Spa) 3:30 Milkshake Mondays (B) 4:00 Jumbo Bowling (3rd FL) 7:00 OVM Movie Night: (TH) 7:00 Classic Movie (TH)	June 27 9:45 Fitness Class with Michael (WC) 10:15 Mystery Drive (O) 10:30 Adult Colouring & Making Bread (3rd FL) 11:00 Cycle Class (3rd FL) 11:00 Floor Curling (WC) 2:00 Free Bingo with Michael (3rd FL) 2:00 Billiards with Bob (MPR) 2:00 Free Bingo with Jane (3rd FL) 3:00 Music with Al Monagle (4th FL) 3:30 Baker Bob Treats (B) 4:00 Homemade Bread & Sunset Reading Corner (3rd FL) 6:30 Beginner's Poker (MPR)	June 28 9:30 Fitness Class (WC) 10:00 Joe on Piano (A) 10-11:00 Tuck Shop is Open (TS) 10:15 Fitness Class (3rd FL) 11:00 Choir Practice (3rd FL) 11:00 Gentle Fitness Class (WC) 1-3:00 Belles of the Ball Knitting G 1:30 Rosary Prayers for Peace (C 2:00 Around the World with Erir 2:00 Baking (3rd FL) 2:00 Euchre (2nd FL) 2:30 Resident's Choice Card Gam 3:30 You be the Judge (TH) 4:00 Cranium Crunch (3rd FL) 6:30 Six Hand Euchre (WC) 7:00 OVM Movie Night: Action (Th

day	Thursday	Friday	Saturday
	June 1 9:45 Fitness Class with Michael (WC) 10:15 Shopping Trip: ACE Garden Center & Carleton Place Garden Centre (O) 10:30 Arts and Crafts (3rd FL) 2:00 Just for Fun Euchre (3rd FL) 2:30 John on Guitar (4th FL) 2:30 Top 5 Answer Trivia (3rd FL) 3:30 30 in 30 Trivia: Canada Edition (TH) 4:00 Noodle Hockey (3rd FL) 4:00 Chair Yoga (TH) 6:30 Bingo with Joanna and Friends (WC)	June 2 10-11:00 Weight and Blood Pressure Clinic (3rd FL Nurse Station) 9:30 Fitness Class (WC) 10:00 Joe on Piano (4th FL) 10-11:00 Tuck Shop is Open (TS) 10:15 Fitness Class (3rd FL) 11:00 Mystery Activity (3rd FL) 11:00 Gentle Fitness Class (WC) 1:30 Euchre (2nd FL) 2:00 Free Bingo (3rd FL) 3:00 Happy Hour and Entertainment Arlene Quinn (A/B) 4:00 White Board Games & Jeopardy (3rd FL) 7:00 OVM Movie Night: Period Piece (TH)	June 3 World Bicycle Day 10:00 Travel Series (TH) 10:45 Hot Wax Hands (3rd FL) 2:00 Mahjong (2nd FL) 1:30 Game of Bridge (2nd FL) 2:00 What's in the Mystery Box (3rd FL) 3:00 Water Colour Painting (3rd FL) 4:00 Sit and Be Fit (TH) 7:00 OVM Movie Night: Award Winning (TH)
Group (3rd FL) H) ne (3rd FL)	June 8 9:45 Fitness Class with Michael (WC) 10:30 Arts and Crafts (3rd FL) 10:30 Square Dancing with Ron (Bistro) 2:00 Just for Fun Euchre (3rd FL) 2:30 John on Guitar (4th FL) 2:30 Top 5 Answer Trivia (3rd FL) 3:30 30 in 30 Trivia: Canada Edition (TH) 4:00 Noodle Hockey (3rd FL) 4:00 Chair Yoga (TH) 6:30 Bingo with Joanna and Friends (WC)	June 9 9:30 Fitness Class (WC) 10:00 Joe on Piano (4th FL) 10-11:00 Tuck Shop is Open (TS) 10:15 Fitness Class (3rd FL) 11:00 Mystery Activity (3rd FL) 11:00 Gentle Fitness Class (WC) 1:30 Euchre (2nd FL) 2:00 Free Bingo (3rd FL) 3:00 Happy Hour and Entertainment Roger and Band (A/B) 4:00 White Board Games & Jeopardy (3rd FL) 7:00 OVM Movie Night: Period Piece (TH)	June 10 Almonte General Hospital Walk/Run 9:00 Water/Cheer Station at the Front of the Building (O) 10:00 Travel Series (TH) 10:45 Hot Wax Hands (3rd FL) 2:00 Mahjong (2nd FL) 1:30 Game of Bridge (2nd FL) 2:00 What's in the Mystery Box (3rd FL) 3:00 Water Colour Painting (3rd FL) 4:00 Mystery Activity (3rd FL) 4:00 Sit and Be Fit (TH) 7:00 OVM Movie Night: Award Winning (TH)
Group (3rd FL) H) ne (3rd FL)	June 15 World Elder Abuse Awareness Day ~ Wear Purple 9:45 Fitness Class with Michael (WC) 10:15 Shopping Trip: Independent & Shoppers Drug Mart (O) 10:30 Arts and Crafts (3rd FL) 2:00 Just for Fun Euchre (3rd FL) 2:30 John on Guitar (4th FL) 2:30 Top 5 Answer Trivia (3rd FL) 3:00 30 in 30 Trivia: Canada Edition (TH) 3:30 Turkey Hunting (MPR) 4:00 Turkey Hunting (MPR) 4:00 Chair Yoga (TH) 6:30 Bingo with Joanna and Friends (WC)	June 16 10:00 Fitness Class (WC) 9:30 Fitness Class (WC) 10:00 Joe on Piano (4th FL) 10:15 Bus Trip to Walmart (O) 10-11:00 Tuck Shop is Open (TS) 10:15 Fitness Class (3rd FL) 11:00 Mystery Activity (3rd FL) 11:00 Gentle Fitness Class (WC) 1:30 Euchre (2nd FL) 2:00 Free Bingo (3rd FL) 3:00 Happy Hour and Entertainment Mainly Strings (A/B) 4:00 White Board Games & Jeopardy (3rd FL) 7:00 OVM Movie Night: Period Piece (TH)	June 17 10:00 Travel Series (TH) 10:45 Hot Wax Hands (3rd FL) 2:00 Mahjong (2nd FL) 1:30 Game of Bridge (2nd FL) 2:00 What's in the Mystery Box(3rd FL) 3:00 Water Colour Painting (3rd FL) 3:00 National Root Beer Float Day (B) 4:00 Mystery Activity (3rd FL) 4:00 Sit and Be Fit (TH) 7:00 OVM Movie Night: Award Winning (TH)
& Strawberry Social Broup (3rd FL) H) ne (3rd FL)	June 22 10:30 Square Dancing with Ron (Bistro) 10:30 Arts and Crafts (3rd FL) 2:00 Just for Fun Euchre (3rd FL) 2:30 John on Guitar (4th FL) 2:30 Top 5 Answer Trivia (3rd FL) 3:00 30 in 30 Trivia: Canada Edition (TH) 4:00 Noodle Hockey (3rd FL) 4:00 Chair Yoga (TH) 6:30 Bingo with Joanna and Friends (WC)	June 23 9:30 Fitness Class (WC) 10:00 Joe on Piano (4th FL) 10-11:00 Tuck Shop is Open (TS) 10:15 Fitness Class (3rd FL) 11:00 Mystery Activity (3rd FL) 11:00 Gentle Fitness Class (WC) 1:30 Euchre (2nd FL) 2:00 Free Bingo (3rd FL) 2:30 Happy Hour and Entertainment Jimmy Leroux (A/B) 4:00 White Board Games & Jeopardy (3rd FL) 7:00 OVM Movie Night : Period Piece (TH)	June 24 \ Almonte General Hospital Garden Tour 10:00 Travel Series (TH) 10:45 Hot Wax Hands (3rd FL) 2:00 Mahjong (2nd FL) 1:30 Game of Bridge (2nd FL) 2:00 What's in the Mystery Box(3rd FL) 2:30 Family Jobs Presentation: Andrew with IT Security (TH) 3:00 Water Colour Painting (3rd FL) 4:00 Mystery Activity (3rd FL) 4:00 Sit and Be Fit (TH) 7:00 OVM Movie Night: Award Winning (TH)
Broup (3rd FL) H) I: China (TH) Ie (3rd FL) 1)	June 29 9:50 Town Hall Meeting (DR) 9:45 Fitness Class with Michael (WC) 10:15 Shopping Trip: (0) 10:30 Arts and Crafts (3rd FL) 2:00 Just for Fun Euchre (3rd FL) 2:30 John on Guitar (4th FL) 2:30 Top 5 Answer Trivia (3rd FL) 3:00 30 in 30 Trivia: Canada Edition (TH) 4:00 Noodle Hockey (3rd FL) 4:00 Chair Yoga (TH) 6:30 Bingo with Joanna and Friends (WC)	June 30 9:30 Fitness Class (WC) 10:00 Joe on Piano (4th FL) 10-11:00 Tuck Shop is Open (TS) 10:15 Fitness Class (3rd FL) 11:00 Mystery Activity (3rd FL) 11:00 Gentle Fitness Class (WC) 1:30 Euchre (2nd FL) 2:30 Happy Hour and Entertainment Jimmy Leroux (A/B) 4:00 White Board Games & Jeopardy (3rd FL) 7:00 OVM Movie Night: Period Piece (TH)	

Monthly Recreation Information Board

Have a peek inside to find out what's planned for the month of June!

From fitness, special events, presentations and more. Should you have any questions please see Michael

Any outings we ask that you sign up at Reception Life isn't always how you plan it, sometimes things change, if they do we will have the weekly highlights available with any updates or changes.

Enjoy all

Support Systems

Hearing Aid Clinic is in the Last Monday of the month

Parkinson's Society is here the last Monday of the

month

Tech Support with Daphne Mondays at 10:00am in the Multi-Purpose Room

Monthly Outings

A Word from Erin

Erin

OVM Movie Nights

Mondays: Classic Movies

Wednesdays: Action

Fridays: Period Piece

Saturdays: Award Winning

Sunday: Series

Residents in Action

John W. Plays guitar every Thursday at 2:30 on the 4th Fl
Joanna's Bingo Thursdays at 6:30pm
Lorna's Tuck Shop Open twice weekly
Ron H. Poker Nights every Tuesday at 6:30pm
Drew's Engineering in History Lecture Series
Connie's Picks Saturday Matinee

Who to Call

3rd Floor Nursing......854
4th Floor Nursing.....856

Reception...... 450

Erin Courtney: Executive Director464
Lisa Doering: Resident Care Coordinator 476
Lisa Ingram Director of Care479
Julie Munro: Marketing452
Michael Morin: Recreation Director454
Joe Demeis: Environmental Services including Maintenance and Housekeeping505
Shannon Smith: Dietary Director457
Lana Windsor: Office Manager456